

## About the Department & Institute



The Department of Management Studies, started in 2001, was conceptualized taking into account the strong and urgent need for well educated and developed managers who would not only be able to understand the finer nuances of business but also be able to put in practice the knowledge and values acquired during the program.

Indian Institute of Technology Madras, established in 1959, is one among the foremost institutes of national importance in higher technological education, basic and applied research. The vision of IIT Madras is "to be an academic institution in dynamic equilibrium with its social, ecological and economic environment striving continuously for excellence in education, research and technological service to the nation." It has established itself as a premier centre for teaching, research and industrial consultancy in the country.

### Note:

Last date for Receipt of Filled-in Applications : 29 March 2019

# Management Development Programme



Nurturing  
the  
Inner You

For Personal, Group, and  
Organizational Fulfilment

5-6 April 2019

Organized by : Department of Management Studies



Indian Institute of Technology Madras  
Chennai - 600036

In today's agile world managers and leaders are taxed with the responsibility to guide their team members to develop their competencies and contribute best to the organisation and its vision and goals. While many processes are in place the fundamental depth and understanding of what constitutes inner and outer development of individuals and development of collective is largely missing. This experiential workshop is to plug the gap and give managers and leaders a taste to drive individual and organisational development at a fundamental and holistic level. The facilitators have decades of experience in psychology, coaching, OD, L&D, culture building and holistic development. The 2 day workshop will cover the following topics in an experiential, hands-on approach.

## Human potential development: Being and Doing

- Holistic Self Awareness
- Development of competencies – expressed behaviors and actions
- Development of Inner Being qualities: Presence, Purpose, Values, World-views, energy and conscious habits
- Aligning link between inner and outer development
- Bringing one's unique strengths, purpose and contribution into work

## Mentoring and Coaching

- 'Being' and 'Doing' Coaching
- Advising Vs Invoking and Inspiring
- Deep listening for underlying patterns of problems and solutions
- Asking powerful questions that invokes insights and reflection
- Enhancing self-autonomy, accountability and resourcefulness

## Contributing to Self and Collective

- Wider sense of connection and contribution to collective
- Influencing win-win-win outcomes in decision making
- Engaging and inspiring feedback mechanisms
- Strengthening strengths present and potent – in individuals and teams
- Understanding role, competency and inner presence link
- Being Agile and driving innovation

## Culture Building

- Recognizing culture at the collective mind, energy and habits level
- Building meaningful and fulfilling cultures

## Harnessing Your Creativity Potential

Is creativity for everyone or is it a privilege for only a few? This module will break myths about creativity and innovation potential, by making everyone access their existing potential for lateral thinking. Creativity and problem solving tools such as Six thinking hats will be discussed.

## Facilitators

**V.Vijayalakshmi** is a faculty with the Department of Management Studies (Broad Area - Organizational Behavior and Human Development), IIT Madras. Her current teaching and research interests include Positive Organizational Behavior (Spirituality in Work, Generating Positivity, Happiness and Work, Finding Meaning, Strength-Based Approach).

**T.J.Kamalanabhan** is a faculty with the Department of Management Studies (Broad Area - Human Resource Management), IIT Madras. He has extensive experience in conducting training programs in the area of Psychometric Assessment, Supervisory and Leadership Development Programs.

**Shiva Subramaniam** is the Chief Innovation Officer of the Gopalakrishnan-Deshpande Center for Innovation and Entrepreneurship at IIT Madras. He is one of the select few accredited Master Trainers in the world in Edward de Bono's Six Thinking Hats® and Lateral Thinking™. He is also a Qualified Buzan Instructor (QBI) in Mind Mapping.

**Arul Dev** is an engineer from BITS Pilani he is an ACC and MCLC certified leadership coach. He is the author of the book 'Into Great Depth of Your Being' published by Auro Publications. He is the CEO of People First Consultants, a Human Resources consulting firm, for the last 24 years.

## Registration & Dates

Nomination forms duly filled in along with the registration fee should reach **Viji aka V.Vijayalakshmi** at [iitmcourseblogs@gmail.com](mailto:iitmcourseblogs@gmail.com) latest by **29th Mar 19**

The program fee of Rs.10,000 (includes 18% GST, course material, lunch, and high tea) may be transferred to the following account.

Account Name : CCE IIT Madras

Account Number : 36401111110

Bank Name : State Bank of India (SBI), IIT Madras, Chennai

SWIFT Code : SBININBB453

Bank IFSC Code : SBIN0001055

Point of Contact: **Viji: [iitmcourseblogs@gmail.com](mailto:iitmcourseblogs@gmail.com)/+91-9840467153**



DEPARTMENT OF MANAGEMENT STUDIES  
INDIAN INSTITUTE OF TECHNOLOGY MADRAS  
MANAGEMENT DEVELOPMENT PROGRAMME  
( April 5-6 2019 )

### REGISTRATION FORM

Name: \_\_\_\_\_

Gender: \_\_\_\_\_

Qualification: \_\_\_\_\_

Experience (in years): \_\_\_\_\_

Organization: \_\_\_\_\_

Designation: \_\_\_\_\_

Phone/Mobile: \_\_\_\_\_

Email ID: \_\_\_\_\_

Signature