

**TEACHING LEARNING CENTRE
and
INTERNATIONAL AND ALUMNI RELATIONS
IIT MADRAS**

Invite you to participate in a short-term course on

SELF-AWARENESS AND HIGHER GOALS IN EDUCATION

SAHGE 2019

[9th Edition]



**20-24 May 2019
IIT Madras**



**Indian Institute of Technology Madras
Chennai - 600036**

About the Course

By habit, we have trained ourselves to look outward. Self-awareness is a powerful means of discovering one's true nature and potential. Realizing that potential in all its dimensions should perhaps be the ultimate objective of education.

The higher goals of education include developing multiple parts of our being, not just cognitive intelligence, but also the physical, life force, emotion and deeper self.

Unlike traditional 'teacher training' programmes which focus on making the teaching-learning process more interesting and effective through various techniques, this course deals with the other aspects, relating to the larger vision of education that is generally missed out. The approach will be broadly universal and exploratory. The course will also explore spirituality in work, based on selected teaching from traditional wisdom.

Who can apply?

Only teachers who are motivated in exploring these issues are invited. This course, to be conducted at IIT Madras, is open to all engineering, law, medical, arts and management college teachers and college principals. Preference will be given to first time participants to this course. While there is no registration fee, participants shall pay for own travel and stay. Limited, paid, shared accommodation (\approx Rs 600/- per day) maybe available on campus on first-come first-serve basis.

Requirement for application

Interested applicants are requested to write briefly about their motivation for participating in this course. Please see link provided: <https://goo.gl/forms/KhAhJRKUI2w8EB332> Completed form should be sent on or before May 1, 2019.

Resource Persons

- Prof. Devdas Menon, IIT Madras (author of 'Stop Sleepwalking Through Life!' and 'Spirituality at Work')
- Mr. Arul Dev, Guest faculty, IIT Madras (author of the book 'Into Great Depth of your Being')
- Prof. L S Ganesh, IIT Madras
- Dr. V. Vijayalakshmi, IIT Madras
- Dr. Parag Ravindran, IIT Madras
- Mr. Manoj Pavitran, Auroville
- Ms. Padmavathy Sundararajan
- Dr. Suchitra Ramakumar

Coordinators

Dr. V. Vijayalakshmi (044-22574566), Dr. Parag Ravindran (044-2257 4714)

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Course Contents

- Education: the big picture
- Self-awareness
- Finding life purpose and true nature
- Marrying core essence of ancient wisdom and modern advancement
- Purification and perfection of mind, life force and body
- Emotional and social intelligence
- Ecological intelligence
- Self-actualization and beyond
- Spirituality and perfection in work
- Excellence in teaching and learning
- Developing multiple perspectives in oneself and enabling them in others
- Meditation practices

Course Objectives

- Examine the merits and demerits of the current paradigm of education.
- Discuss the multiple dimensions of intelligence and the higher goals of education.
- Explore the role of inner development and its connection to education.
- Examine how the higher goals may be accessed within the scope of our educational context.
- Show the importance of the role of the teacher in enabling this process and in inspiring students and colleagues.
- Explore perfection in work, based on teachings from ancient wisdom.
- Find and connect to the Inner Guide that directs one's evolution.


